Davis-Monthan Air Force Base, Ariz.

Friday, Aug. 3, 2001

### Lest we forget ...





Left: Army Staff Sgt. Teddy Gonzalez plays taps during the Korean War Memorial ceremony July 27. **Above:** Henry Pino, Korean War veteran, reflects on his years of service. U.S. troops first landed on the Korean Peninsula July 1, 1950, losing 33,629 airmen, Marines, soldiers and sailors until a cease-fire was declared three years later.



### **IDEA** program

Since October more than **\$27,168** was paid out to Davis-Monthan idea program submitter's whose ideas were approved. These ideas saved the Air Force \$44,192,782.

To submit an idea, gather all the facts and enter into the idea program data system at https:/ /ideas.satx.disa.mil/. For more information, call 8-4332.

All people submitting an idea in August will receive a promotional mouse pad.

### AEF center teams visit bases, teach deployment processes

By Master Sqt. Terry Somerville Air Combat Command Public Affairs

Coming soon to a big room near you: everything you want or need to know about Aerospace Expeditionary Force deployments.

Briefing teams from the AEF Center have begun hitting the road to visit Air Force bases in the U.S. and overseas, including Air Force Reserve and Air National Guard units.

These teams are spreading the word on improvements in AEF Cycle 3, answering questions, and getting ideas from Air Force people on improvements to the AEF deployment process.

Each base will hold one or more instead of small groups of people mass briefings. The two- or threeperson briefing teams will also be available to talk to smaller groups, like wing or group staff meetings or squadron get-togethers.

The AEF team comes to D-M Sept 10. The times and locations for briefings will be announced.

"Not everyone knows what they need to know about the AEF," said Maj. Michael Knight, space-operations specialist in the AEF Center.

For instance, AEF Cycle 3, which begins in March 2002, features a 'team' concept, where a base will provide a large number of people for one or two AEF deployments, throughout the cycle.

The team concept changes the impact that AEF deployments have on individual bases and units.

The briefing teams also inform people about the amazing range of information available on the World Wide Web.

EAF Online provides position specific information for deploying people, including duty responsibilities and training and equipment requirements.

The Web site also lets commanders track the readiness sta

see **AEF**, page 4

Desert Airman Aug. 3, 2001

### **Welcome to Davis-Monthan**

**Col. Blair Ellis,** ACC Director of Personnel Langley Air Force Base, Va.



### **355th Wing Flying Goals**

A/OA-10s

EC-130E/Hs

Sorties				Hours			
Goal	275	393	401	Goal	51	69	32
Flown	326	411	407	Flown	59	64	46
Delta	51	18	6	Delta	24	1	28
FY01	80	44	12	FY01	43	85	95

Current as of Wednesday

### Where are 355th Wing members deployed?

North America -- 0 South America -- 7 Europe -- 48 Southwest Asia -- 331

Other locations -- 38

**Total: 424** 

Deployed (by Group): 355 OG -- 154 355 LG -- 129

355 SPTG -- 105

355 CPTS -- 1

355 MDG -- 19 355 WG -- 16

Current as of Monday

### DESERT AIRMAN

**Editorial Staff** 

Commander Chief, Public Affairs Superintendent NCOIC, Internal Information Editor Staff Writer Col. Paul Schafer Maj. Eric Schnaible Master Sgt. Dan Carpenter Tech. Sgt. B. Coors-Davidson Staff Sgt. J. Elaine Hunnicutt Angie Erickson

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### **Public Affairs Spotlight**

The following people are Unit Public Affairs Representatives

41st Electronic Combat Squadron	
Airman 1st Class Christia Ouellet	8-9027
Airman 1st Class Karen De La Torre	8-9924
Airman 1st Class Robert Young	8-9757
Capt. Lea Devine	8-9870
Senior Airman Samuel Storicks	8-9870
Airman Jacquelin Yockey	8-9599
42nd Airborne Command and Control Squadron	
2nd Lt. Jim Moschetti	8-9673
43rd Electronic Combat Squadron	
2nd Lt. Donald Bugg	8-9926
305th Rescue Squadron	
Master Sgt. Minni Jones	8-2160
355th Operations Support Squadron	
Master Sgt. Kevin Lorensen	8-2356
Capt. Arvid Opry	8-5868
355th Training Squadron	
Staff Sgt. Amanda Maxey	8-9456
Staff Sgt. Sonya Mageau	8-5889
354th Fighter Squadron	
Airman 1st Class Keir Brelsin	8-5631
357th Fighter Squadron	
Master Sgt. Steven Foster	8-2467
358th Fighter Squadron	
Airman 1st Class Rene Pena	8-5070
Airman 1st Class Sherry Plasencia	8-3370
355th Civil Engineer Squadron	
1st Lt. Tyler Nielsen	8-2304
355th Support Group	
2nd Lt. Rodney Rodgers	8-3446
Staff Sgt. Willie Manalo	8-3445
355th Wing Staff	
Master Sgt. Gregory Pleasant	8-4891
355th Communications Squadron	
2nd Lt. John Leary	8-1773
Master Sgt. Anna Johnson	8-4592
355th Mission Support Squadron	
Senior Airman Lori Paris	8-4128
355th Services Squadron	
Senior Airman Lisa Elliot	8-3714
Airman 1st Class Cheryl Pinto	8-5501
355th Security Forces Squadron	
Master Sgt. Walt Voltz	8-6353
Master. Sqt. Eric Wilke	8-3708



**1st Lt. Sarah Maile** 355th Component Repair Squadron

355th Equipment Maintenance Squadron	
Capt. Rae Anne Swanson	8-4184
Tech. Sgt. Darnetta Watkins	8-2279
355th Supply Squadron	
2nd Lt. Meg Stohlman	8-4350
Staff Sgt. Penny Twitty	8-3440
355th Logistic Support Squadron	
Airman 1st Class Tiffany Hart	8-4319
355th Transportation Squadron	
Senior Airman Juanita Lopez	8-3584
355th Contracting Squadron	
Staff Sgt. Bryan Deal	8-5431
355th Component Repair Squadron	
1 st Lt. Sarah Maile	8-3630
355th Medical Group	
Staff Sgt. Tommy Green	8-5072
Airman 1st Class Nick Clisby	8-2870
Staff Sgt. Jill Jones	8-2810
Staff Sgt. Carol Sligh	8-1543
Tech. Sgt. Randall West	8-2659
Staff Sgt. Brenda McGown	8-2651
Staff Sgt. David Embrey	8-2661
Airman Basic Danny Watton	8-2721
355th Comptroller Squadron	
Senior Airman Denice Schacht	8-1227
Senior Airman Annie McCraney	8-6647
Detachment 3	
Master Sgt. Otis Barnes	8-4508
12th Air Force	
Tech. Sgt. Rian Clawson	8-6053
362nd Training Squadron	
Tech. Sat. Andrew Jewell	8-6130

### **UPAR** responsibilities

UPARs are responsible for being the "eyes and ears" of the public affairs office. Each and every squadron on base has unique individuals in it that have an interesting story to tell, whether it is about sports, awards, lifesaving acts, IDEA program contributions, etc.

Each of your squadrons are also making improvements to the methods or processes that they use or to squadron facilities or community areas via self help projects.

UPARs are responsible for getting the information to the public affairs staff in a usable format and in a timely manner.

Not every idea is going to get published. The staff focuses on issues that effect the base populace in general, but it never hurts to present ideas to your squadron UPARs so that they can judge the input for newsworthiness or unique human interest appeal and forward it to the staff.

The following are some of the areas we hope to utilize UPARs to tell your squadron's story (based on skills):

- ◆ Provide news ideas as well as write and shoot photos of squadron activities for submission to the base newspaner.
- ♦ Review and solicit Hometown News Release submissions:
- ◆ Review their squadron's submissions to the base TV Channel (75); and
- ◆ Seek volunteers for tours and speaking engagements

### **Desert Lightning Channel**

Schedule begining August 8:
8 a.m. - Air Force News

8:30 a.m. - Desert Horizon Noon - Air Force News 12:30 p.m. - Desert Horizon 6 p.m. - Air Force News 6:30 p.m. - Desert Horizon 7 p.m. - Army Newswatch

7 p.m. - Army Newswatch 8 p.m. - Feature Tape 10 p.m. - Air Force News 10:30 p.m. - Desert Horizon 11 p.m. - Army Newswatch Midnight - Feature Tape 2 a.m. - Air Force News 2:30 a.m. - Desert Horizon 3 a.m. - Army Newswatch

Desert Horizon 355th SFS K-9 Unit Radio Control Aircraft A-10 Demo Team Feature Tape

WWII History, "Target for Today" An Expert Talks About Espionage Video Facts, C-17A Globemaster III Welcome to Elmendorf AFB, Alaska

The Desert Lightning Channel is on Cox Communications Channel 75, for programming comments or suggestions, call 8-3204.

115 airmen were saved from the consequences of driving under the influence by the Airmen Against Drunk Driving Program since Dec. 31.

850-2233

10 p.m. to 5 a.m. Fridays and Saturdays and 4 p.m. to midnight Sundays for a ride. 32 days
since the last D-M DUI
Last unit:
42nd ACCS
(Current as of Wednesday)

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### **Commander's Corner**



**Col. Paul Schafer** 355th Wing Commander

Supporting each other and working together to provide the best programs and services is a common goal we all share as members of Team D-M.

Ideas, suggestions, comments and kudos are an important ingredient for continuous improvement.

The fastest way to pass along comment or to get an answer to your concern is to contact the agency chief or functional manager listed here.

Still no solution? The Commander's Corner phone line is available 24 hours a day, at **228-4747**, or you can send an e-mail to

### 355thWing.CommandersCorner@dm.af.mil.

If you leave your name, phone number and a message, you'll receive a prompt reply, either in writing or by telephone. We will honor your confidentiality, but sometimes we need to contact callers to gather additional information. If your concern is of

general interest to the base populace, the response may be published in the *Desert Airman*. Anonymous calls may not be published in the newspaper, we recommend you leave a contact phone number if you'd like us to provide an

AAFES Agencies	8-3904
Accounting and Finance	8-4964
Chaplain	8-5411
Civil Engineering	8-3401
Clinic	8-2930
Commissary	8-3116
Family Support	8-5690
Fitness Center	8-3714
Housing Office	8-3687
Inspector General	8-3558
Legal	8-6432
Lodging	8-4845
Military/Civilian	
Equal Opportunity Office	8-5509
Military Personnel	8-5689
Public Affairs	8-3204
Security Forces	8-6178
Services	8-5596
Transportation	8-3584

### **Potholes**

Concern: I am calling about the potholes on Mustang Drive by Sijan Court and Wilbanks Court. I would like to know when they might be fixed. It has been a few months now since the contractors left from building the new houses and the road has not been fixed and is getting worse.

Response: Thank you for giving us the opportunity to tell you about future construction in housing. We are going to undertake a large road project in housing this fall. The project will completely replace Mustang Drive from Sunset Ct to Tracker Dr and also the west portion of Saratoga Ave (including Saratoga Cir). We will also be replacing the asphalt portion of the remainder of Saratoga Ave, Lightning Dr, Lightning Ct, Saber Cir, Thunderbird Dr. Thunderbird Cir, and Talon Pl. The roads in Kachina Village and most of the remainder of Palo Verde Village will be sealed to increase their life. This project has been authorized for contracting and should be awarded around the beginning of the fiscal year. We will keep the housing occupants posted as to the status of the construction as we will need their help during the construction. Work of this type will require roads to be closed with detours. We will do our best to minimize the inconvenience, but we will ask your cooperation and patience while we accomplish the work.

### **Dorm area driving**

Concern: I have a questions about the inability to drive to the dorm area. There are signs everywhere in the dormitory area that say "emergency vehicles only". I was curious as to what prompted that or why we can't drive through that area.

Response: To create a "campus atmosphere" for our dorm residents, the roads were closed several years ago. This was incorporated to ensure that dorm residents were afforded peace and quiet, without the distractions of vehicles driving through at all hours of the night. In the

event of an emergency, our response teams also need the roads cleared to enable them to access the facilities as quick as possible, ensuring the safety of all dorm residents.

### NAF resale shop

**Concern:** I would like to know why the Wood Shop is being turned into a Laundromat?

Response: We do regret having to close the shop. Originally, we planned on reopening the shop, however, because the shop was losing over \$6500 a year, we decided to convert in to another function that wouldn't continue to be a burden to MWR resources. We did consider relocating the NAF laundry to the old workshop, but that proved too costly. Instead, we're now focusing on a NAF resale shop. This would provide a fulltime alternative to the quarterly sales we currently have at the old Aeroclub hangar. If you have any additional questions, please contact Mr. Dennis McCabe at 8-5596.

### **Final Answer**



Tech. Sgt.

Donald Hansen

355th Supply Squadron

"Have a variety of activities each month."



Maj.
Jeffrey Alfier
42nd Airborne
Command & Control
Squadron

"Don't make it mandatory."



Tech. Sgt.
Michael Starkey
355th Mission Support
Squadron

"It's already fun, but we can mix up our activities to ensure people stay interested."



Staff Sgt.
Bobbi Jo Turnier
355th Training
Squadron

"Our squadron meets every Thursday and it's fun. It's a chance for everyone to get together."



What can your squadron do to make fitness fun?

Tech. Sgt. Rick Wade 42nd Airborne Command & Control Squadron

"We can have monthly sports days."



Master Sgt. Clifton Smith 355th Manpower & Organization

"Allow the time to do it. Perhaps work it into lunch maybe twice per week."

### Air Force selects Global Hawk UAV main operating base

Langley Air Force Base, Va. -- On July 27, the Air Force selected Beale Air Force Base, Calif., as the first Global Hawk main operating base.

Air Force officials recently completed an environmental assessment and found basing 18 of the unmanned aerial vehicles at Beale would result in no significant environmental impacts.

This decision follows a Jan. 19 Air Force announcement declaring Beale as the preferred location for the beddown of the UAV. Other bases under consideration included Edwards AFB, Calif.; Ellsworth AFB, S.D.; Tinker AFB, Okla.; and Wright-Patterson AFB, Ohio.

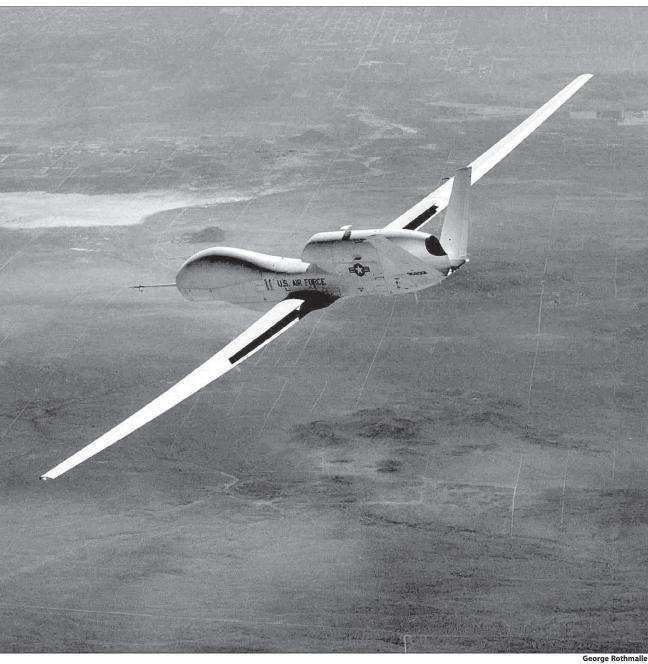
Global Hawk provides Air Force commanders high-altitude, long-endurance, near-real-time intelligence.

"Co-locating Global Hawk with Beale's 9th Reconnaissance Wing and the U-2 (Dragon Lady) mission will ensure Global Hawk transitions smoothly from initial beddown to full operational capability," said Gen. John Jumper, Air Combat Command commander. "It also ensures cultural issues associated with transitioning from manned to unmanned reconnaissance are in the hands of our current high-altitude reconnaissance experts at Beale.

"The first beddown location will be just that the first, not the last," Jumper said. "It is important the first Global Hawk site be the best place for us to find out all we can about its capability, and the best place to fold it into a critical ongoing mission."

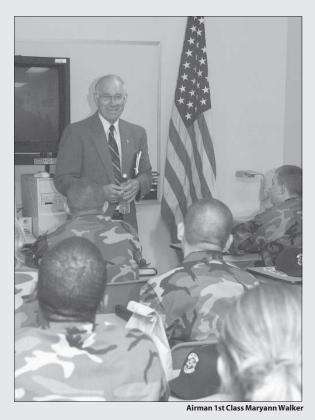
Bases not selected for the initial beddown could be candidates for future missions and basing.

The Air Force anticipates the first of the 18 primary aircraft and personnel to begin arriving at Beale in 2002, with ability to support limited operations in 2003.



The Global Hawk unmanned aerial vehicle soars over Edwards Air Force Base, Calif.

### A chief's chief ...



Retired Chief Master Sqt. of the Air Force Sam Parish talks with Airman Leadership School students July 27. The chief spent five days at D-M and talked with airmen at both ALS and the First Term Airman's Center. Parish was the eight CMSAF and served in the position from August 1983 to June 1986.

### continued from page 1

tus of all their people.

"The site started two years ago as an idea on a chalkboard," Knight said.

"It's continually being improved."

EAF Online can be accessed from computers in the dot-mil and dot-gov domains at:

<a href="https://aefcenter.acc.af.mil/">. Another site with information on the AEF concept that is open to everybody can be found at:

### <a href="http://aefc.langley.af.mil/>.

Perhaps most important of all, going to every base to talk about AEF changes lets the AEF specialists field questions from the audiwe'll be able to call back (to the AEF Center) and we can put all our resources to work to answer it," said Lt. Col. Jeff Urie, AEF special-operations specialist.

Urie is sure the briefers won't know all the answers. "There's no such thing as an AEFologist," he said. "What we have here (in the AEF Center) is a representation of the Air Force — people who cover just about every area of expertise."

Plans call for the briefers to be on the road through the end of September.

The briefers invite questions from bases before they get there so they can tailor presentations for each base. Each base has a person scheduling a team who can pass questions on to the briefing team.

The briefings are open to evence. "If we don't know the answer, eryone, however, the unit commanders will know best who needs to get the latest word on the AEF process.

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### Learning the ropes ...



Airman 1st Class Maryann Walker International air force cadet Max Cameron (right) learns the basics of EC-130 operations and how the aircraft is utilized and maintained. Davis-Monthan hosted a group of six international cadets as part of the Air Cadet exchange program July 25. While at D-M, the visitors learned about operations in the 357th Fighter Squadron, 42nd Airborne Command and Control Squadron, 355th Operation Support Squadron and the 355th Civil Engineer Squadron fire department.

# Officials stress importance of updating emergency data

**By Staff Sgt. J. Elaine Hunnicutt** 355th Wing Public Affairs

The Casualty and Survivor Services Office, located in the Military Personnel Flight, is responsible for locating military member's next of kin in the event of an emergency.

"At Davis-Monthan last year, there were problems with six of the nine notifications made," said Robby Robertson, Casualty and Survivor Services chief.

Casualty services uses the information on the Department of Defense Form 93, Emergency Data Card, located in the members official records to locate their next of kin.

"Unfortunately, in almost every case, of the 'problem' 66 percent, the information annotated on the DD Form 93 was not up to date," Robertson said.

Casualty services urges members to review their DD Form 93

annually and to update it when something changes.

Examples of changes that require updates includes when a spouse or children change address, a marital status change, the birth of a child, the death of a person listed on the card or an address change of a beneficiary, Robertsen added.

To make changes members must contact their orderly rooms, some members don't have orderly rooms, if this is the case see the customer service staff in the MPF for assistance and make them aware of the this fact.

A copy of the DD Form 93 is located in the member's official records at the customer service section of the MPF and squadron deployment officer/ NCO keep another copy on hand for deployments.

Members should call their orderly room or Robertson at 8-3664 for more information.



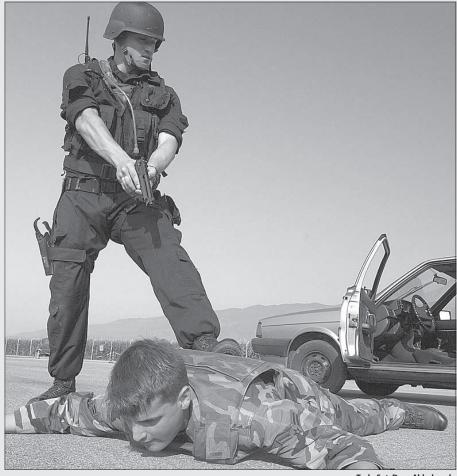
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### Make my day!



Airman 1st Class Merritt Helmken apprehends Airman 1st Class Ryan Maynard, who plays the part of an aggressor during Special Tactics Assault Team training. Both are from the 31st Security Force Squadron, Aviano Air Base, Italy. The week-long course involved joint training with the Italian military police, Italian air force and the 31st SFS.

# MDG empowers patients, offers new resource center

**Staff Sgt. J. Elaine Hunnicutt** 355th Wing Public Affairs

The 355th Medical Group opened the Patient Resource Center July 20 in Building 400, the main clinic, Room 104.

The PRC was created to provide a place where anyone, civilian or military beneficiaries, can research medical questions or health concerns on their own.

It is a private area that is user friendly and accessible to the disabled.

The medical group hopes to increase users knowledge and keep patients informed, thus decreasing illness and disease. "To be informed is to be wise in your health choices and care. If you can prevent illness, then you will create a healthier, happier population, which in turn decreases the time and money spent on patient recovery," said Lt. Col. Susan Sullivan, 355th MDG.

This program is completely voluntary and provides complete privacy so that patients can research and learn more about their health concerns.

The center provides various mediums to access health information, such as: television/ VCR stations, a video library, computerized health-fact sheets and access to Internet health Web sites.

"The ultimate goal is to empower patients to take charge of their healthcare," said Sullivan.

The center provides a vehicle that will assists patients to learn how to maintain wellness, become knowledge about their medical conditions, the options available to them and the consequences of their decisions.

Davis-Monthan AFB is one of the first clinics to provide a center dedicated to this type of service. The clinic is tracking the use of the center to ensure it is used to its full potential.

Staff members will be available to assist patients with research, Monday through Friday during normal duty hours.

Call 228-1543 for more information about the Patient Resource Center.

### Record promotion rates raise questions for some

By Staff Sgt. Matt Miller

Air Force Personnel Center Public Affairs

With promotions to staff sergeant hitting record numbers the last three years, airmen may be questioning whether so many senior airmen are qualified to step into the noncommissioned officer corps.

The Air Force announced promotions for 20,793 airmen to staff sergeant July 19 — and more than 56,000 new E-4s since the 1999 cycle.

"Both this and last year's promotion rates give me concern that young airmen are being put into leadership positions before they're ready," said Staff Sgt. Wendy McNabb, noncommissioned officer in charge of the evaluations and decorations section at McChord Air Force Base, Wash. "Some of these people are first-termers who will now be supervising and training even younger airmen."

McNabb's doubt is shared by others Air mentor other airman down the same path."

Force-wide.

Then there is professional military educations are professional military educations.

But senior enlisted leaders say the system of preparing and screening new NCOs works. They point to three factors that prepare new staff sergeants — direct supervisor involvement, Airman Leadership School and commander's final review — as safeguards

against unqualified NCOs.

The role the supervisor plays, from the time these airmen enter the Air Force, is essential in molding a good NCO, said Chief Master Sgt. Bill Milligan, Air Education and Training Command command chief master sergeant.

"The Air Force doesn't get 10-year NCOs off the street," Milligan said. "It's the immediate supervisor who directly influences the development of these young airmen. This service depends on the supervisor to show them how things should be done."

Through mentorship from supervisors, junior enlisted members not only gain valuable job experience, but are also formed into the kinds of leaders the Air Force needs at those levels, he said.

"It's one of the fundamental building blocks of the Air Force," Milligan said. "An essential element that gives our new NCOs the tools to mentor other airman down the same path."

Then there is professional military education. The Air Force mandates that every senior airman attend the four and a half-week Airman Leadership School prior to sewing on staff sergeant stripes.

"ALS is a key ingredient which prepares individuals for supervisory responsibilities," said Chief Master Sgt. Mike Eitnier, the Air Force's chief of Professional Military Education. "It lays the foundations needed to help airmen take that next step into the NCO ranks."

More than 180 hours of instruction gives senior airmen an understanding of the roles and responsibilities of an NCO.

The biggest concern with ALS is that there may be more airmen than there are slots at base schools.

"We know there is going to be a large number of senior airmen throughout the force who need to attend ALS because of the recent promotion list," Eitnier said. "But we are optimistic that airman leadership schools across the service will be able to handle the influx of senior airmen needing to attend."

In the event an airman does not get a school slot, because of overcrowding, prior to his or her sew-on date, procedures are already in place where they will receive back pay and entitlements upon graduation — as if they had been promoted on time.

Finally, unit commanders play a big role in whether an NCO is promoted before he or she is ready, because a commander's recommendation is an essential element of any promotion, Haley said.

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"Airman 1st Class James Best is a vital member of the 354th Fighter Squadron Advanced Echelon Team deployed to Kuwait in support of AEF 6," said 1st Lt. Lou Stewart, 354 EFS Flight commander. "While on the ADVON Team, Best's inspired work ethic ensured the work area was ready for the arrival of 186 personnel and 12 A/OA-10 aircraft. His tasks included traveling to Kuwait City International Airport to pick up personnel and unload luggage, download pallets from transport trucks containing tools and equipment necessary to complete the mission and aid with the setup of an operational support section within the squadron. The Bulldogs thank Airman Best for his hard work and dedication in support of Operation Southern Watch."

### **Deployed warrior spotlight**

Airman 1st Class James Best Crew chief

Home unit: 354th Fighter Squadron How do you contribute to the mission while deployed? "Take all the steps necessary to ensure readiness and maintanablity of aircraft for the alert commitment and combat training missions."

What do you miss most about the states? "My friends and family."

What is the best thing about the country you are in? "The fact that we are doing the job that we are trained to do, and in doing so, we are aiding those who cannot do it themselves."

What is the worst thing about the country you are deployed in? "The hot, windy, and sandy environment."

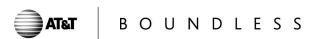
What have you learned about the culture in that area? "The people are extremely religious and they have many customs and courtesies based on their religion that I am not familiar with."

What is your personal motto while deployed? "Do not do it because you have to, do it because you want to."



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Desert Airman Aug. 3, 2001



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Aug. 3, 2001 Desert Airman 9

### 5th Annual Kids Week underway Monday

**By Steve Jacobs** 

355th Services Squadron

Fourteen activities are planned for kids of all ages, as D-M's 5th Annual Kids Week swings into high gear next week.

The five-day event, which opens Monday, is jointly sponsored and paid for – all Kids Week activities are free – by the Officers Spouses Club and Enlisted Spouses Association.

Leading the effort for the OSC is Connie Hendricks, and Dena Wakefield for the ESA.

"Last year, hundreds of boys and girls took part in Kids Week, and we expect the turnout to be even better this year," said Hendricks, "We've tried to schedule a variety of activities that will appeal to kids of all ages."

Here's what's happening during Kids Week:

Monday: A movie ("Atlantis"), for ages 6 to 12, is at the base theater, 11 a.m. to 12:30 p.m., with soda and pop corn. There's a kids meal at the D-M Burger King, for all ages, 2 to 4 p.m., and a teen pool party, for ages 13 to 18, at the base pool, 6 to 8 p.m.

Tuesday: Two games of bowling, for all ages, at the D-M Lanes, 9 to 11 a.m., with shoes, snack and a beverage (for the first 120 in line). A movie

("Shrek"), for ages 13 to 18, is at the base theater, 3 to 4:30 p.m., with soda and pop corn, and a kids pool party, for ages 6 to 12, is at the base pool, 6 to 8pm.

Wednesday: Starts off with a golf clinic, for ages 6 to 12, at the Blanchard Course, 8 to 10 a.m., with a hot dog, chips and soda afterwards. Reservations are needed; contact the pro shop at 8-3734.

Another kids meal is at the D-M Burger King, for all ages, 2 to 4 p.m., and a second teen pool party, for ages 13 to 18, is at the base pool, 6 to 8 p.m.

Thursday: Ages 13 to 18 are invited to a golf clinic at the Blanchard Course, 8 to 10 a.m., including a hot dog, chips and soda after the clinic. Call the pro shop, 8-3734, for reservations. Two more games of bowling, for all ages at the D-M Lanes, 9 to 11 a.m., including shoes, snacks and beverage (for the first 120 in line). The day ends with a kids pool party, for ages 6 to 12, at the base pool, 6 to 8 p.m.

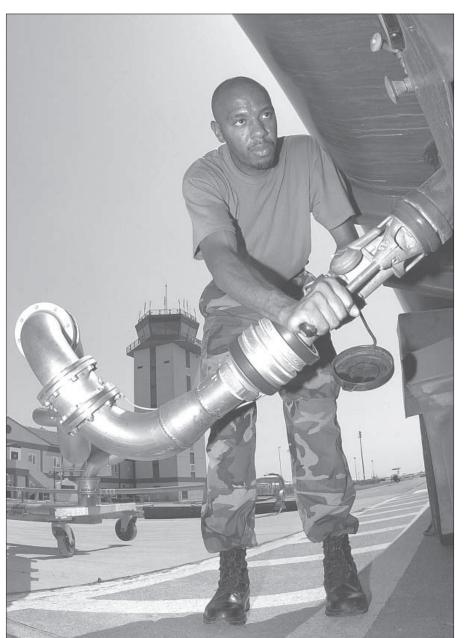
Friday: Lots of Fun and Games for all ages, at the youth center, 9 to 11 a.m., with jumping castles, a kids train ride, carnival games, balloons, snacks and beverages. Kids Week concludes with a Dance Under the Stars, for ages 13 to 18, at Bama Park, 9 p.m. to 1 a.m.

Hendricks added, "Cost and space factors impose a limit on the number of kids who can take part in most activities, so we encourage them to show up early. Youngsters planning to have a kids meal at the Burger King on Monday or Wednesday will need a ticket.

"The free tickets can be picked up anytime at the Information, Tickets and Travel office, in the community center. They're open all day weekdays, and tomorrow until 1 p.m."

Dena Wakefield offered this advice to parents, "Most of next week's activities are unsupervised, so we ask that you stay with your child if he or she is too young to be left alone."

### Fill 'er up



taff Sgt. Michael Morford

Airman 1st Class Kenyon Harris, deployed to Operation Northern Watch, Incirlik Air Base, Turkey, from the 355th Supply Squadron, Davis-Monthan Air Force Base, Ariz., replenishes his R-11 mobile refueler with JP-8 jet fuel.

### **Korean War Remembered**



[Editor's note: As America recognizes its veterans (through the next two years) to commemorate the 50th anniversary of the Korean War, the *Desert Airman* is chronicling the significant events.] The following significant Air Force events occurred during this week in 1951:

Armistice negotiations resulted in less ground combat. In turn, the comparatively static ground situation reduced the demand for Far East Air Forces close air support. But, negotiations at Kaesong went badly and then broke down.

Fifth Air Force F-86s maintained air superiority over Korea by destroying four MiG-15s and holding enemy aircraft to the vicinity of the Yalu River, thus allowing United Nations aircraft further south to operate without interference.

Planners reasoned that the Communist Chinese Forces logistical system would quickly break down if the railroads could be made unusable.

Far East Air Command therefore initiated a rail interdiction campaign, carrying the same code name, Operation STRANGLE, as the short-lived campaign in June and July 1951.

The intent of this new campaign was to prevent an enemy buildup of supplies necessary for a sustained offensive or effective counteroffensive.

Although intemperate weather adversely affected the tempo of air operations, Far East Air Forces stepped up the fighter-bomber campaign against North Korean railroads and began sending B-29s out for nightly shoran bombing attacks on enemy marshaling yards.

# Suicide Ignoring signs can cost a life

By Tech. Sgt. Dee Ann Poole 509th Bomb Wing Public Affairs

When I was a sophomore in high school, my older brother, Rick, moved in with my dad, my younger sister and me. Rick was 29, a father of two, unemployed, having marital problems and having a hard time dealing with the loss of our mom a year earlier.

Rick and I didn't talk about personal feelings, though. Maybe it was because I was only 16. I assumed my dad talked to him, but I'll never know. Rick is no longer alive and my dad doesn't talk about that April day that ended so tragically.

In 1980, suicide was a whispered word and people didn't talk openly about it. Maybe it's because they didn't know how to recognize the signs and offer help. Maybe it was thought of as a cop out.

It's not until after the event that people find themselves saying, "If only ..."

But why must we say that? There's no easy answer because we won't be able to stop all suicide attempts. But we can do our best to help someone who may feel suicide is the only answer to life's problems.

The Air Force began its battle against suicide in 1996 when it created the Air Force Suicide Prevention Program.

It was designed to educate people on the symptoms of suicide and curb what appeared to be an increasing number of suicides among active-duty members.

In the five years before the program started, the Air Force averaged 60 deaths annually.

Since 1996 there's been a noticeable reduction in the number of suicides. Between 1998 and 2000, the service averaged 28 suicides annually.

Even though the trend is down, some people still see suicide as the only way to fix their problems.

So far this year, the Air Force has suffered more than 20 suicides, said officials at the Air Force Surgeon General's office.

Even one is too many. The burden carried by the people who are left behind is tremendous. No one can be replaced. It's impossible.

So how can we help reduce the number of suicides? We must know the symptoms and help people find a cure.

Many stressors can trigger a suicide. The most common are relationship, financial and legal concerns.

Of the Air Force's 30 suicides last year, most were young men, said Lt. Col. Wayne Talcott, chief of the Air Force Suicide Prevention Program. Although half were married, the highest rate of suicide occurred among those who were no longer married.

Talcott said most Air Force suicides occurred in off-base residences and almost every one involved relationship problems. Many had financial and legal concerns. Almost half had a history of alcohol problems.

Of the 30, only 26 percent sought mental-health services within a month of their death, Talcott said.

The problems are not new. Thanks to the Air Force Suicide Prevention Program we know what the stressors are. We also know help is available for nearly any problem people may be dealing with.

On base, help can come from chaplains, the family advocacy office, family support center, Air Force Aid Society, and more. Off base, there are even more agencies that offer assistance.

When Rick died, we didn't know what to look for. We didn't have the training or the knowledge to help him overcome his problems.

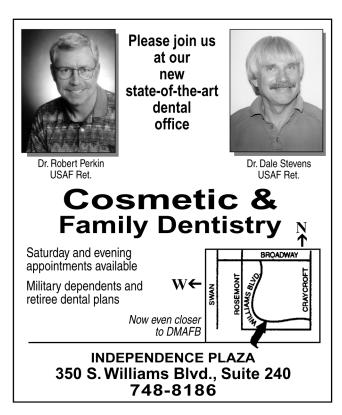
Would Rick still be here today if we had known how to help? I don't know. But I do know everyone in my family would feel better knowing we tried to save his life.

Instead, my dad lives with the guilt of finding my brother in the garage.

I urge all of you to be aware of what's going on with those you know and point them in the right direction before life's stressors overwhelm them.

When a person is at risk of committing suicide, it's better to try to help than to live with the guilt of being quiet.

Guilt can be a heavy burden. Just ask my dad.







### **Health Focus**

### August is Women's Health Month

By Capt. Dawn Black

355th Medical Group

Women's health month affords you the perfect opportunity to make a commitment to wellness. Did you know that one in two women will die of a heart attack or stroke this year and that one in twenty-seven women will die of breast cancer? There are many preventative measures that you can take to maintain your health. The most important health behaviors are eating well, maintaining a normal weight, exercising and avoiding self-destructive behaviors such as smoking, alcohol and drug abuse. There are a number of important health screenings that can positively influence wellness. The recommendations listed below are only to be used as a guideline. Your health care provider can individualize these screenings based on your personal medical history, family history, and other risk factors.

High Blood Pressure - One in every four American adults has high blood pressure. Blood pressure is a simple screening that should be done every two years after age 21. Blood pressure is the force of blood against the wall of the arteries. Blood pressure is recorded as two numbers – the systolic pressure (as the heart beats) over the diastolic pressure (as the heart relaxes between beats). A normal blood pressure

is less than 130/85. High blood pressure increases your risk for heart disease, kidney disease and stroke. Adopting a healthy lifestyle that includes aerobic exercise can help prevent your risk of developing high blood pressure.

Cholesterol is a waxy substance that is present among the fats in the bloodstream and is in all your body's cells. Cholesterol is made by the liver and also is a component in the fat in foods. When you have too much cholesterol in your blood, the excess builds up on the walls of your arteries that carry blood to the heart as well as other blood vessels. These cholesterol formations are called plagues. These plagues narrow arteries and can rupture spontaneously leading to blood clots, which further narrow or totally block arteries. When this occurs in the heart, the result is heart disease and possibly a heart attack (damage to heart muscle). The cholesterol test is a simple blood test, which can help identify those at risk for developing heart disease. You should have your cholesterol level checked every five years after age 20 (if normal) or possible more often as directed by your health care provider.

Mammograms are also another important screening tool. A mammogram is an x-ray examination of the breast. All women should begin having a screening mammogram every year beginning at age 40. Breast self-exams also play a vital role in your wellness. Women 20 years of age and older should perform BSE every month. If you have any questions regarding how to do BSE make an appointment with your health care provider. Women 20 - 39 should also have their health care provider perform a breast exam at least every three years, and women 40 and over should have a health care provider perform them yearly.

Pap tests and pelvic exams are vital in helping detect pre-cancerous and cancerous changes on the cervix and female reproductive organs. This

year it is estimated that there will be about 12,900 new cases of invasive cervical cancer in the United States. A positive pap test indicates that there may be a problem and further diagnostic tests need to be done. Since there are generally no symptoms of cervical cancer it is recommended that you begin having a pap smear annually at age 18 or when you become sexually active. If you have no risk factors for cervical cancer your health care provider may recommend that you get a pap smear at longer intervals. It is important to remember that even if you have had a hysterectomy you still need a pap smear. Pap smears generally do not detect sexually transmitted diseases. If you want to be tested, please inform your health care provider.

Colon cancer screening for all women should begin at age 50. This should include yearly fecal occult blood testing and digital rectal exams. Women with no risk factors or family history of colon cancer should have a flexible sigmoidoscopy every 5 years beginning at age 50. If you have a family history of colon cancer or have any symptoms, it is recommended that you have a colonoscopy in which the doctor can visualize the entire colon 95 percent of the time. If someone in your immediate family has had colon cancer your screenings will begin 10 years before the youngest case in the family.

These screenings are vital to staying healthy. It is also important to have regular aerobic physical activity since physical inactivity is a major risk factor for cardiovascular disease. An exercise program needs to be well rounded. It should incorporate cardiovascular training, resistance training, and flexibility. You should do your aerobic exercise 3-5 days a week for 20-30 minutes. It is important to increase the amount of time and intensity of your exercise gradually. Stretching should be included with every exercise session.

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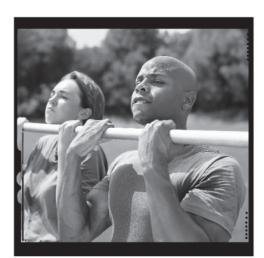
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Courtesy of 355th Communications Squadron VI Flight



### **Sonoran Spotlight**

(Editor's note: Sonoran Spotlight is a weekly feature of the Desert Airman that profiles a member (officer, enlisted or civilian) of the Davis-Monthan Air Force Base Desert Lightning community. Members are nominated by their unit commander or first sergeant.)

Name: GS-04 Nancy Lucas

**Organization:** 355th Mission Support Squadron

**Duty title:** Education Technician

Hometown: Mobile, Ala. **Years of service:** Three

**Main responsibilities:** I provide customer service for educa-

tion center customers

**Best aspects of your job:** Assisting others with their educa-

tional goals and dreams

**Career goals:** To have the best customer service in the Air

**Force** 

Hobbies/outside activities: Quilting, sewing and shopping What do you like best about D-M: After living in Misawa,

Japan, the best thing about D-M is the sunshine

What has been your best assignment; why: Eielson Air Force Base, Alaska; the challenge of living in the far North Who inspires you; why: My mother; she taught me to help others no matter what their status is ... and to always be a

team player.



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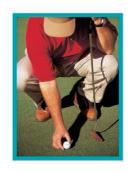
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<u>SPACE NEWS</u>

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### **Sports Shorts**

### Youth bowling league

D-M Youth Bowling League sign up dates are Aug. 11 and 18 from 12:30 to 2 p.m. Interested youth can also sign up at the bowling center any other time. A parent's meeting will be Aug. 28 at 6 p.m. Start date for league is Sept. 8 at 9:30 a.m. Questions may be directed to Kristin Dunbar at 8-3461.

### Flag football clinic

Boys and girls, 6 to 15, are invited to a free three-day flag football clinic, starting Tuesday, at the football field next to Bama Park. Sessions are 6 to 7:30 p.m. Youngsters will learn how to play various positions, as well as game rules and strategy. The flag football season opens Aug. 13; games are Thursday afternoons and Saturdays. Registration is at the youth center; a \$30 fee includes an NFL-sanctioned uniform. Get youth sports information from Kathy Sands, at 8-8373.

### Pool championships

See D-M's best pool players compete for cash and valuable prizes at tonight's Tournament of Champions. The 8-ball match is at the Desert Oasis Club at 6:30 p.m. Players are the winners of 12 weekly playoffs, which began in May. Spectators are welcome. Talk to Wendy Decatur at the club, 748-8666, for more information.

### Water aerobics

Water aerobics is an efficient and safe way to get into shape. Instruction is Tuesdays through Fridays, 11:30 a.m. to 12:30 p.m. Sessions cost just \$2 each, or \$20 per month. No pool pass or advance registration is needed. Sign up before

class at the pool, or phone the outdoor recreation center for details at 8-3736.

### Fitness center tidbits

- Both men's and women's varsity basketball coaches are needed ... call Jay Junsay at 8-3714/4556.
- A Fitness Fundamentals course begins Monday and continues through Aug. 17 ... some parts of the weightlifting area will be closed from Aug. 13 to 17 for demonstrations ... the Fitness Center staff apologizes in advance for any inconvenience.
- Tryouts for the men's varsity basketball team are at 11 a.m. Sept. 15 at the Fitness Center.

### Pool is open

D-M's swimming pool is open. Individual season passes are \$35, or \$60 for a family (any size). Daily use is \$1.50 for adults, \$1 for children, and \$2 for guests. The pool is open Tuesday through Sunday. Weekday hours are, lap swim, 11 a.m. to 1 p.m. (free for active duty; others pay \$1); open swim, 1 to 5 p.m., and family swim, 5 to 6 p.m. Weekend/holiday hours are, open swim, 10 a.m. to 5 p.m., and family swim, 5 to 6 p.m. Children's lessons start July 17 and 31. Sessions cost \$25 with a season pass, and \$30 without. Water aerobics is Tuesday through Friday, 11:30 a.m. to 12:30 p.m. Classes are \$2 each, or \$20 for four weeks. Get further information from outdoor recreation at 8-3736.

### Youth bowling

D-M youngsters enjoy free and discount bowling all summer at the D-M Lanes. Open bowling is 50 cents a game,

8 a.m. to 7 p.m., Mondays-Saturdays, and kids bowl at no charge any Monday or Wednesday, 10 a.m. to noon (free and discount bowling excludes shoe rental). Contact the D-M Lanes, pro shop or café at 8-3461.

### Registration available

Online registration is now available for runners interested in participating in the 5th Annual Air Force Marathon Sept. 22 at Wright-Patterson Air Force Base, Ohio.

This year, marathon officials have added the capability for Ekiden relay teams and marathon teams to register together.

To register, visit the marathon Web page and click on the "register information" button. Payment is by credit card only. A relay or marathon team captain will be required to provide the total team payment on one credit card, and will also need to provide the personal information (name, address, phone, age, weight and e-mail) for all team members. Entrants who provide a valid e-mail address will receive a confirmation email within two weeks of registration. Confirmation cards will be sent through the U.S. Postal Service to those registrants who do not provide a valid e-mail address.

The entry deadline is Sept. 5. Registrations received after Aug. 15 may not receive a confirmation. Changes to team composition will not be made after Sept. 12. Call the U.S. Air Force Marathon office at (937) 257-4350 for more information.

see **Sports Shorts**, Page 18



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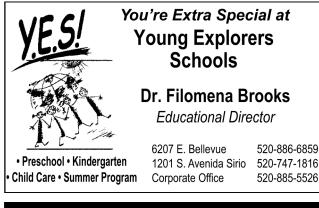
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18 Desert Airman

### **Sports Shorts**

Continued from Page 17

### **Bowl for bucks**

Air Combat Command's annual Bowling for Bucks promotion is in full swing. Bowling for Bucks, Pinbusters and Bookbusters give adults and kids a chance to win games, cash and prizes.

Bowling for Bucks players get two free games for filling a 10-punch card, and they're eligible for monthly cash and prize drawings and a \$500 grand prize drawing.

Pinbusters gives youngsters a free game for completing a five-punch card, and they're eligible for monthly and grand prize drawings. Get cards at D-M Lanes. Not valid with league and special-event games.

Bookbusters, for grades 1 through 12, encourages summer reading. Students get a free game for reading five books from the base library, and are eligible for monthly and grand prize drawings. Cards are issued and validated at the library.

ACC's sponsor is MilitaryMoves.com (no federal endorsement intended).

Call D-M Lanes at 8-3461, or the li-

brary, at 8-4381.

### **Golf for less**

Summer rates are in effect at the Blanchard Golf Course. Play 18 holes with a cart for \$13; guests pay \$17. Walk the course and pay \$6; guests are \$10. Advance green-fee players can rent carts for only \$7, and unlimited golf with cart costs just \$10, any day after 4 p.m. Seasonal discount prices are valid, 9 a.m. to sunset, seven days a week, through Sept. 30. Find out more at the pro shop, 8-3734.

### Aerobics, exercise classes

The Haeffner Fitness and Sports Center offers a lineup of exercise and aerobics classes each week (instructor name in parentheses – Free or \$ cost). Call 8-3714 for more information.

Monday - 11 a.m. to noon - Step (Rumiko - \$2); Noon to 1 p.m. - Spinning (Corinne - \$3); 3 to 4 p.m. - Spinning (MDG only); 4:30 to 5:30 p.m. - Capoeira (Rhonda - \$30/40 per month); 5:30 to 6:30 p.m. - Aerobics (Rumiko - \$2); 6:45 to 8:45 p.m. - Kajukenbo (Paul - \$25 per month)

Tuesday - 8 to 9 a.m. - Senior aerobics (Corinne - \$2); 11 a.m. to noon - Step (Rumiko - \$2); noon to 1 p.m. - Circuit Training (Corinne - \$2); 6:15 to 8:15 p.m. - Kvokushin (Joseph - \$25 per month)

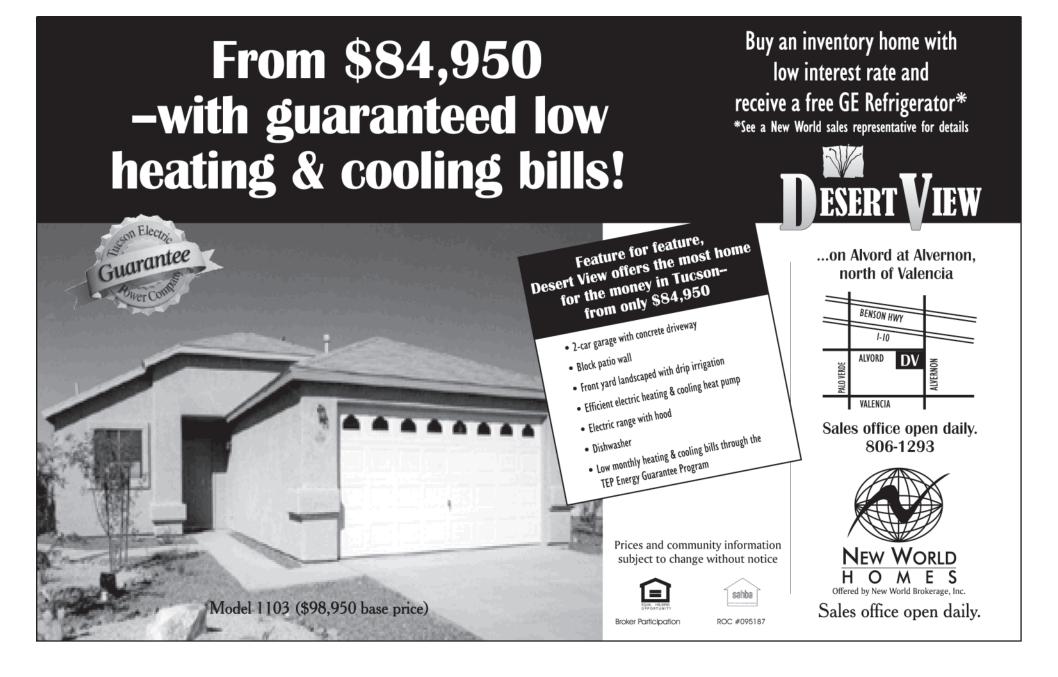
Aug. 3, 2001

Wednesday - 10 to 11 a.m. - Spinning (MDG only); 11 a.m. to noon - Step (Kelly - Free); Noon to 1 p.m. - Kick boxing (Corinne - \$2); 5:30 to 6:30 - Aerobics (Rumiko - \$2); 6:40 to 7:40 p.m. - Belly dancing I (Angela - \$20 for four sessions); 7:40 to 8:40 p.m. - Belly dancing II (Angela - \$30 for eight sessions)

Thursday - 10 to 11 a.m. - Senior aerobics (Corinne - \$2); 11 a.m. to Noon p.m. - Step (Rumiko - \$2); Noon to 1 p.m. - Circuit Training (Corinne - \$2); 5 to 6 p.m. - Step (Rumiko - \$2); 6:10 to 8:10 p.m. - Kyokushin (Joseph - \$25 per month)

Friday - 10 to 11 a.m. - Spinning (MDG only); 11 a.m. to noon - Step (Kelly - Free); Noon to 1 p.m. - Spinning (Corinne - \$3); 4:30 to 6:30 p.m. - Kajukenbo (Paul - \$25 per month)

Saturday – 10 to 11:30 a.m. - Step (Rumiko - \$3); 11:45 a.m. to 12:45 p.m. – Capoeira (Rhonda - \$30/40 per month)



### **Scoreboard**

### Softball

### Monday/Wednesday

	(Current as of Tuesday)
<u>Team</u>	<u>W-L</u>
357 FS	9-1
TRANS	8-2
EMS (AGE)	8-2
OSS	7-3
25 OWS	7-3
CS	6-4
43 ECS #2	6-4
41 ECS	5-5
TRS	5-5
CRS#1	3-7
SUPS	3-7
CRS#2	2-8
418 US Arm	y 1-9
12 AF #2	0-10

### Tuesday/Thursday

	(Current as of Tuesday)
<u>Team</u>	W-L
SFS	9-0
12 AF #1	8-1
CONS/MSS	8-1
CES#1	6-3
CES#2	5-3
42 ACCS #1	5-4
EMS (AMMO)	5-4
MDG	4-5
358 FS	3-5
AMARC	3-6
43 ECS	2-7
42 ACCS #2	2-7
SVS	2-7
DECA	0-9

### Golf

### Intramural - Wednesday

(Current as of July 25)
Team W-L-Points

SFS	7.5-1.5-45
CS	7-1-37.5
612 COS	6-3-32
CRS	6-3-31.5
41 ECS	5.5-3.5-35.5
12 AF #1	5-2-32.5
MSS	4.5-4.5-24
TRS	4-4-24.5
SUPS#2	2-6-16.5
CPTS	2-7-12.5
Det 2, 67 IOG	1-8-8
CONS	.5-7.5-4

### Intramural - Thursday

	(Current as of July 26)
<u>Team</u>	W-L-Points
ŒS	7.5-1.5-42
SUPS#1	7-1-37.5
SVS	6-2-35
TRS	6-3-34
MDG	5-3-28.5
42 ACCS	4-3-18.5
LSS	4-4-25.5
TRANS	3.5-5.5-19.5
25 OWS	3-5-23.5
OSS	1.5-5.5-10.5
43 ECS	1.5-7.5-19.5
EMS	0-0-0

### Bowling

### Tuesday Duo

(Week 5)

<u>ieam</u>	VV-L
BB's	42-8
Team 12	30-20
Seven Hundred Ha Ha	30-20
Team 9	30-20
Bowling Gods	28-22
God and BB Stompers	26-24
Team 5	24-26
Desert Rats	24-26

The Cronies 22-28
Real Old Men 22-28
Team 11 18-32
Team 3 4-46



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20 Desert Airman Aug. 3, 2001

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DMFCU 08/01

### **Chapel Schedule**

### **Desert Dove Chapel Schedule**

**Saturday:** Catholic Mass is at 5 p.m. **Sunday:** Catholic Mass is at 7:30 and 10 a.m. **Sunday:** Protestant Traditional Service is at 11:15 a.m. at the Hope Chapel.

**Sunday:** Protestant Contemporary Service is at 8:30 a.m.

**Sunday:** Protestant Gospel Service is at 11:15 a.m.

Daily: Mass/Communion is at 11:30 a.m.

### **Protestant schedule**

**Today:** Aim High Bible study is at 7 p.m. at Desert Dove Chapel annex. Call 889-8320. **Saturday:** Couples' Bible study is at 7 p.m. Call 749-5550.

**Sunday:** Contemporary Worship Service is at 8:30 a.m. at Hope Chapel. Sunday school is at 10 a.m. at Desert Dove and Hope Chapels.

Traditional Worship Service is at 11:15 a.m. at Desert Dove Chapel annex. Inspirational Gospel Worship Service is at 11:15 a.m. at Hope Chapel.

**Tuesday:** Ladies Bible study is from 9:30 to 11:30 a.m., and 11:30 a.m. to 12:30 p.m. at Desert Dove Chapel. Singles Bible study is at 7:30 p.m. in Building 3220. Bible Study for moms is from 6:30 to 8 p.m. at Desert Dove Chapel.

Wednesday: Mid-week Bible study is at noon at Desert Dove Chapel. Promise Keepers Bible study is at 11:30 a.m. at the 355th EMS Squadron conference room in Building 4810. Prayer and Teaching Time is at 7 p.m. at Desert Dove Chapel.

Youth Night, for middle and high school groups, is at 7 p.m. at Desert Dove Chapel. Angel Bible study and choir for elementary groups is at 7 p.m. in the Desert Dove Chapel classrooms.

### Catholic schedule

**Saturday:** Mass is at 5 p.m. at Desert Dove Chapel. Sacrament of Reconciliation is 4 to 5 p.m. at St. Joseph's Church. Baptisms are the first Saturday of each month at 4 p.m. at the Desert Dove Chapel.

**Sunday:** Mass is at 7:30 and 10 a.m. and Sacrament of Reconciliation is 9:15 to 9:45 a.m. at Desert Dove Chapel.

**Monday through Friday:** Rosary is at 11:10 a.m. and Mass or communion service is at 11:30 a.m. at Hope Chapel.

**Baptism:** Baptism classes are the Tuesday before the first Sunday of each month at 6 p.m. at the Hope Chapel.

**Wednesday:** Rite for Christian Initiation is from 7 to 8:30 p.m. at Desert Dove Chapel.

### Islamic schedule

**Today:** Prayer service is from noon to 2

p.m. and 6 to 8 p.m. in Building 3220, third floor.

### **Family Support**

**Friday:** Franchising seminar, 8 to 10 a.m., Building 3200, Room 266/267.

**Monday:** Financial briefing, 8 to 10 a.m., Building 3200, Room 266.

Tuesday: Right Start/Medical Start, 8 a.m. to 3:30 p.m., Building 3200, Room 266. Time for Tots, 9:30 a.m. from 2:30 to 3:30 p.m. at the Desert Dove Chapel.

**Wednesday:** Sponsorship class, 8 to 9 a.m., Building 3200, Room 266.

**Thursday:** Lieutenant's briefing, 9 to 10 a.m., Family Support Center, Building 3210.

### **Franchise Seminar**

Own Your Own Franchise Seminar will be held today from 8 a.m. to 10:00 a.m. in Building 3200, room 266. Come and find out which business is right for you.

### **Give Parents a Break**

The next "Give Parents a Break" program is scheduled for Aug. 11 and 25 from 2 to 6 p.m. This program offers free childcare to active duty Air Force parents who need a break from the stresses of parenting. Families are eligible for this program include those where a parent is feeling stress due to deployments, recent moves, unique circumstances or hardships.

Call 8-5690 for more information or a referral.

### **Resume and interview workshops**

Are the months flying by faster than you want and you really need to get that resume finished? The Family Support Center conducts a resume writing workshop Aug. 13 from 8 to 10 a.m.

After learning how to write a quality resume, attend the interview workshop on Aug. 27 from 8 to 10 a.m. to help prepare for the job interview.

Both workshops are held in Building 3200, Room 266.

Call 8-5690 for more information.

### **Baby Basics**

The next baby basics program for expectant mothers in their third trimester begins Aug. 14 from 1 to 4 p.m. at the Family Advocacy Office located in Building 4220 on the Second Floor.

Pat Boyd, registered nurse, presents this session that covers basic infant care, growth and development. Call 8-5690 to register.

### **Right Start/Medical Right Start**

Right Start is a base introductory program sponsored by the Family Support Center, which is designed to welcome all newcomers, which includes military and civilians and Davis-Monthan's senior leadership speak about the variety of programs available on D-M focusing on quality of life and work issues.

Sign up to attend by calling the military personnel flight INTRO Office at 8-3076 or 8-4478

Right Start will be held every Tuesday of each month in Building 3200, Room 266/267 from 8 a.m. to noon.

### **Hearts Apart bowling outing**

Is your spouse on a temporary assignment or remote duty? Come join the Hearts Apart group for the day of free bowling Aug. 18 from 1 to 3:30 p.m.

Shoes and drinks are provided. Call 8-5690 for reservations.

### **On-base clubs**

### Officers' Club

**Today:** Patio Steak Night is from 5 to 8 p.m. There will be steaks and hamburgers.

Saturday: Surf & Turf is \$15.95.

**Sunday:** Breakfast buffet, starts at 8:30 a.m. The cost is \$5.95 for adults.

**Monday:** Club closes at 2 p.m. Barber shop is open from 8 a.m. to 5 p.m. on weekdays. **Thursday:** Mongolian BBQ, 5:30 to 8 p.m.

### **Desert Oasis Club**

**Today:** Catfish lunch buffet is just \$5.35. Eight-ball championships begin at 6:30 p.m. **Saturday:** Club closed. Cabana opens at 1 p.m. Barber shop open from 9 a.m. to 3 p.m. **Sunday:** Club closed. Cabana opens at 1 p.m.

**Monday:** Club closed. Cabana opens at 10:30 a.m. Barber shop is open from 8 a.m. to 5 p.m.

**Tuesday:** Lunch spud bar is 11 a.m. to 1 p.m. Bingo is at 6 p.m. \$25,000 jackpot! Everyone is welcome.

**Thursday:** BBQ lunch buffet from 11 a.m. to 1 p.m.

### **Community Programs**

**Today:** See D-M kids in Treasure Island. The show is at the base theater at 1:30 and 7 p.m. The admission cost is \$1.

**Saturday:** Family cosmic bowl is from 7 to 11 p.m. The cost is \$10.

**Sunday:** D-M goes for the world record hug. Everyone is encouraged to come out at 9 a.m. to Heritage Park to share in this momentous opportunity.

**Monday:** Stormy's Cyber Cafe is open everyday.

**Tuesday:** Water aerobics is Tuesday through Friday from 11:30 to noon. Call 8-3736. **Wednesday:** Kids craft classes are Tuesday through Friday at the Skills Center. Call 8-4385.

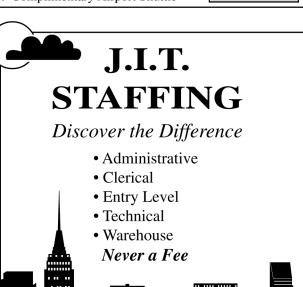
**Thursday:** ITT is open from 8 a.m. to 7 p.m. at the Desert Lightning Community Center.

22 Desert Airman



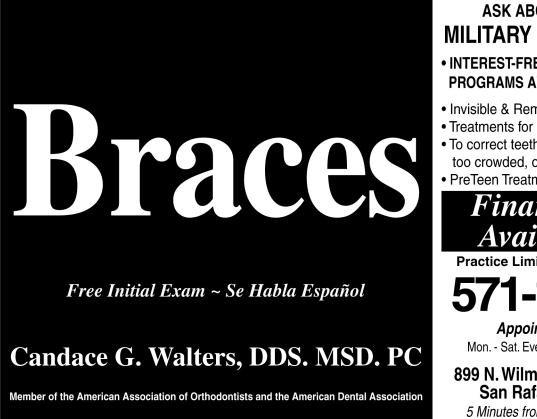
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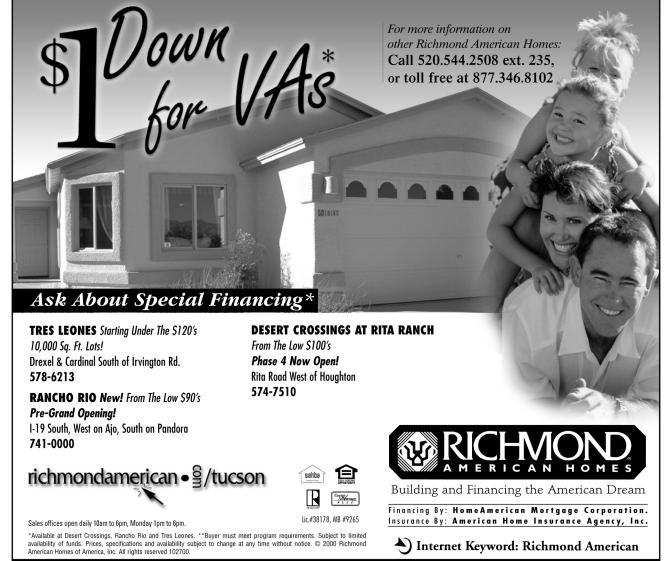
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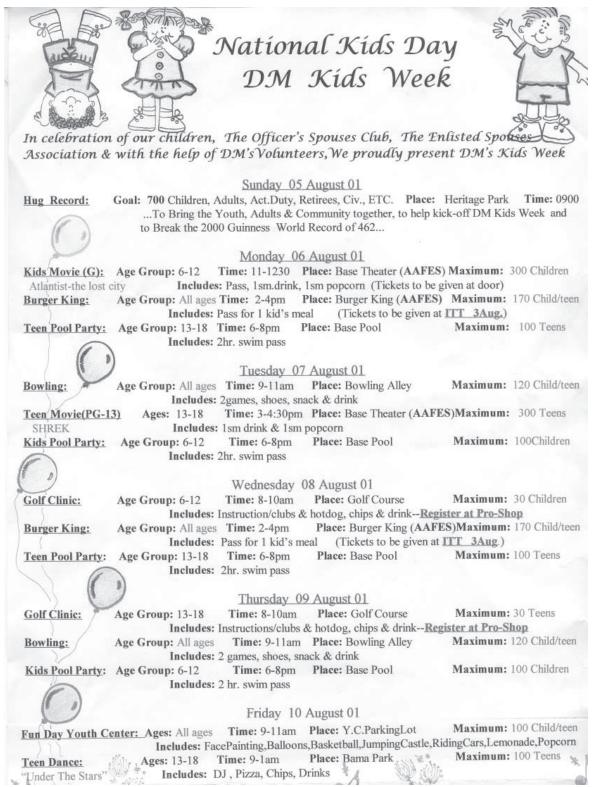
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### Kid's Week events are free for children. It's first come first serve.

### **Education**

### **Pima Community** College scholarships

Pima Community College is renewing its popular Combat Education scholarships.

PCC's Combat Education Program provides a free class to first-time Pima students registering for this upcoming term. There are 100 scholarships available.

Classes are done in partnership with the Air Force Tuition Assistance program. Students get the 75 percent tuition assistance and PCC pays for the remaining 25 percent of the tuition and the \$5 processing fee.

Call 206-6174 for more information or stop by the PCC office in Building 3200.

### **Software skills** enhancement classes

Pima Community College will be offering software skills enhancement classes for Microsoft Word, Excel, and Access, from beginner level to advance.

Students can sign up for all classes or for only the classes that fit their needs.

Classes will be held each Friday beginning Aug. 10 at 8 a.m. in Building 3200, room 252. Cost of each class

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is \$18.25 and military students can use tuition assistance.

Call 206-6174 for more information or stop by the PCC office in Building 3200.

### **VEAP-MGIB** conversion briefings

The cutoff for this conversion is Oct. 31. If you've ever had a veterans education assistance program account, whether you have money in it or not, you are eligible to convert over to the Montgomery GI Bill.

Attend the briefings on the first and third Thursday of the month. Call 8-4249 for more information.

### Maximize your MGIB

Maximize your monthly MGIB by adding a maximum of \$600 that will increase your monthly entitlements as a full time student.

Only personnel who came in the Air Force as of July 1, 1985 are eligible for this program. Call 8-4815 for more information.

### **Movie Theater**

Tonight: Closed Saturday: Atlantis: The Lost City, (PG), 7 p.m. **Sunday:** Swordfish, (R), 7 p.m.

Adults \$3 and children \$1.



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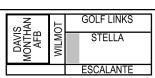
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### **Youth Programs**

**Today:** Teen trip to Breaker's Water Park. Call the Youth Center at 8-8844.

**Saturday:** Teen paintball adventure. Call 8-8844. **Monday:** Kids bowl free from 10 a.m. to noon at D-M Lanes.

**Tuesday:** Preteen air hockey tourney from 6 to 7:30 p.m. at Youth Center. Call 8-8844.

**Wednesday:** Ceramics for children ages 5 to 8 at Youth Center from 5:30 to 7:30 p.m.

### D-M goes for world record

Everyone is invited to Heritage Park to celebrate National Kid's Day Sunday at 9 a.m. to help D-M set a new record for the world's biggest hug.

If more than 462 people take part in the group hug, D-M will be the new world record holder. A representative from the Guinness Book of World Records will be present to verify the attempt.

Call 8-8383 for more information.

### D-M youngsters perform in classic production

Don't miss the Missoula Children's Theatre production of Treasure Island at the base theater today at 1:30 and 7 p.m. More than 50 kids from D-M will be performing. Admission is \$1. Call 8-8383.

### Stormy's Cyber Cafe

Stormy's Cyber Cafe, located in the Desert Lightning Community Center, has something for everyone -- a cafe, high-speed internet computers, games, pool tables and a comfortable room with your favorite movies to watch on the giant screen.

For your convenience the cafe is open every day of the week. Call 8-3717.

### **Auto Skills Center closure**

The Auto Skills Center will be closed on Aug. 14 and 15. This time will be utilized by the employees to clean and paint the facility.

During this project, the car wash will remain open 24 hours everyday. Call Larry Trueax at 8-3614

The center will re-open for business at 9:30 a.m. Aug. 16.

### NAF excess property sale

The 355th Services Squadron has established a continuous resale area for excess nonappropriated funds property in the Skills Center, Building 4531.

Excess property will be sold from 8 to 10 a.m. every Monday after each military payday. The next two sales are scheduled for Aug. 6 and 20. All sale merchandise was aquired with NAF and is no longer needed. Cash, checks and credit cards are accepted.

Call Mark Babcock at 8-4069 for more information.

### Other agencies

### **Blood Drive scheduled for August**

The next D-M blood drive is Wednesday from 8 a.m. to 4 p.m. at the Desert Lightning Commu-

nity Center, Building 4201. The blood supply in Tucson is nearly at a record low and the community is counting on D-M's support to help keep the blood levels at an acceptable level.

If you would like to set an appointment or volunteer, workers are needed at the canteen area, at the sign-in table and for set-up and tear-down. Call Master Sgt. Michael Block at 8-7440.

### Phone book recycling

Upon receipt of your new commercial phone book, don't forget to drop off your old book at the base recycling center. This program is in progress until Sept. 9. Please do your part and recycle.

The base recycling center is located southwest of Yuma at Casa Grande. The recycling center is open 24 hours a day every day. Call Joe Uremovich at 8-2296

### **TRICARE Briefings set for August**

Eligible senior citizens, 65 and older, are invited to attend "TRICARE For Life" & "TRICARE Plus" program briefings at the base theater Aug. 13, 14, 15, 16 held twice daily at 9 a.m. and 1 p.m. and on Aug. 17 at 9 a.m. only.

A TRICARE representative and 355th Medical Group personnel will host the briefings summarizing the new "TRICARE For Life" and "TRICARE Plus" Programs which become effective Oct. 1.

You don't need to attend if you understand the information that you received in the mail.

Call "TRICARE For Life" or "TRICARE Plus" Programs, visit www.tricare.osd.mil or call 1-888-363-5433.

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### **Employment Opps**

### Jewelry Sales Associates for Special Promo sale at Davis-Monthan AFB BX from 7/14-7/20/01 \$9.00/HR. Call Sandy at (972) 713-6373. 7/27 2T/P.

### Furn. & Appliances

Queen Size Pllowtop Mattress set still in bag, full warranty suggested List \$699.00 Sell \$199.00 219-5053 8/3 5T/P.

King Sized Pillwtop Mattress set still in plastic-full warranty sacrifice \$299.00 219-5053. 8/3 5T/P

Cherry Sleigh Bed still in box must sell \$299.00 219-5053. 8/. 5T/P.

Full Size Pillowtop Mattress set still in wrapper. Full warranty. Sell for \$159.00 219-5053. 8/3 5T/P.

### **Homes for Sale**

3BR home, Craycroft & Golf Links area, 1,300 sf, Great condition new kitchen, cabs & appliances, Double Brick, landscaped yard, lighted remota, \$101,900 dn payment assistance available, call Larry G. 591-4788. 7/27 2T/P.

\$95,000 or better, 4bd, 1 3/4ba, gas fireplace, evaporate cooler, gas heat, mtn views, Ig. fenced yd, ceiling fans, ceramic tile plus carpet, 8606 E. Stella Rd. (between Pantano& Camino Seco) 325-3761 or 991-6291. 8/3 1T/P.

### Garage/Yard Sales

Multifamily Yard Sale, Saturday, 11 Aug, 7am-2pm, 8794 E. LA PALMA DR., RITA RANCH AREA, Clothes, books, furniture, toys, misc. 7/27 3T/P.

### **Homes for Rent**

Top Rated Tanque Verde School District, non smoking, 1664 sq.ft home near Snyder & Houghton; 4 bedroom, 2 bath, family, dining and living rooms, 900 sq.ft rear covered deck, mountain views, dual cooling, carports for 5 cars. Half acre. Lease for \$1199/mo. 749-8786. 7/20 3T/P.

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1999 Kia Sephia manual, a/c, am/fm cassette. New tires, 40K miles. Runs and looks great. Asking \$7,000. Call 235-0641.

1993 Cadillac Sedan Deville, 69,800 miles, always garaged, maintenance records, burgundy, white top, 790-0898.

1995 Plymouth Grand Voyager, Excellent Concilion, Hunter Green, Front/Rear air, 3.3 litre V6, One Owner, 99000 miles. \$8500. Also 1984, SAAB 900S, Good Condition, 5 spd, Sunroof, Solid Commuter car, 160000 miles. \$1500 Call 8-6556.

1992 Chevy \$-10 Blazer. Excellent condition, AC, New tires, tow package, loaded with options. \$7500 OBO. 390-5143

1999 Nissan Sentra, excellent condition, new tires, tinted windows, limited edition, 27K miles. Blue book is \$13,400. Asking \$10,800 or obo. Call 8-2577.

### **TRICARE** for Life Briefings

TRICARE for Life allows Medicare-eligible military retirees, their spouses and other dependents age 65 and older who are enrolled in Medicare Part B, to become eligible for TRICARE benefits.

A TRICARE representative will be in your area to host briefings summarizing the upcoming TRICARE for Life program, which becomes effective Oct. 1, 2001. These briefings will cover the same information that you recently received in your TRICARE for Life packet. If you fully understand the packet information it is not necessary for you to attend.

### Davis-Monthan AFB, AZ

**Date (s):** Monday, Aug. 13; Tuesday, Aug. 14; Wednesday,

Aug. 15; Thursday, Aug. 16

**Time(s):** 9:00 a.m. and 1:00 p.m.

**Location:** Base Theater

Date: Friday, Aug. 17
Time: 9:00 a.m.
Location: Base Theater

For more information on TRICARE for Life, visit www.triwest.com (select the "Seniors 65+" section) or www.tricare.osd.mil/ndaa, or call 1-888-DOD-LIFE (363-5433).

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